

The latest updates about Cary Dermatology Center, including the newest treatments, monthly specials, and more!

Cary Dermatology Center

With the holidays approaching, it's time to focus on family, friendship, and festivities. In all the excitement, it can be easy to forget to take care of your skin for a while, so check out our newsletter for tips and tricks on how to stay skin-healthy this winter. You'll also find information about our latest specials, and the most up-to-date products and treatments available. Happy holidays!

Visit Our Website

Monthly Specials

Every month stop by our front desk to take advantage of our specials and new products!

November: Say good-bye to turkey neck for Thanksgiving! 15% off Nectifirm neck cream.

December: Happy Holidays! 15% off all products.

Holiday Special: Receive \$100 off MiraDry if booked and treated before March 31st, 2017!

Celebrate Skin Care

Still struggling with gift ideas for the holidays? Skip the generic neck tie or coffee table book, and treat your loved ones to a rejuvenating skin treatment this season. Cary Dermatology is offering discounts on a wide variety of skin products this season, and also offers gift certificates for various skin treatments, including [MiraDry](#), [Kybella](#), and [SkinPen](#). Not only that, but now through December you can receive rebates on dual treatments of Juvederm, Botox, and Kybella. Help your friends and family refresh their skin treatment this year, starting with thoughtful, unique gifts for all from Cary Dermatology.



Ask the Expert

Every year when the temperature drops, my skin gets dry and itchy. What can I do?

With low humidity outside, and heaters dehumidifying the inside air, skin struggles to retain moisture in the winter, and this worsens as we age. Believe it or not, water is a skin irritant! Therefore, take no more than one **short, tepid** shower or bath daily. Change your soap to a gentle, non-soap cleanser, and avoid buffing or rigorously rubbing the skin during cleaning. After bathing, pat the skin dry and be sure to moisturize with a thick emollient immediately. Moisturize twice daily if needed.

This month's expert: Dr. Heather Lampel, M.D., MPH

Ready for a Sweat-Free Spring



Enjoying a relief this winter from sweltering temps that have you sweating through your clothes? That relief doesn't have to end! Cary Dermatology Center offers a noninvasive and permanent solution for underarm sweating. MiraDry is an FDA cleared treatment that is

clinically proven to reduce sweat and produce lasting results. With MiraDry, embarrassing sweat is a thing of the past. Call Cary Dermatology to schedule your appointment today!

Read more about MiraDry treatments [here](#).

Say Farewell to Laugh Lines

Looking to get rid of your crow's feet and laugh lines? Revox 7 is here, with 7 peptides all working in tandem to smooth out your skin. The product is proven to reduce the appearance of wrinkles from repetitive facial movements, and to soften the look of expression lines. With both immediate, and long-term results, every patient can benefit from this serum, regardless of skin-type. Pick up Revox 7 at Cary Dermatology today for even more to smile about!



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